



# AIAM HOLISTIC PULSE



July/August 2023

**SUMMER QUARTER  
CALENDAR**

Quarter Begins.....July 9<sup>th</sup>

Add/Drop Deadline....July 14<sup>th</sup>

Labor Day\*...Sept. 29<sup>th</sup>

Quarter Ends...Oct 2<sup>nd</sup>

\*aIAM Closed for Holiday

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## WELCOME SUMMER QUARTER

Welcome to Summer quarter! A big welcome to all of our new students and a big welcome back to our returning students! We hope you all had a safe and happy 4<sup>th</sup> of July. The beginning of a quarter is always exciting. The big adjustment for new students to get used to being students again. For some of you it’s your last quarter and finally you can really see the light at the end of the tunnel. For others it’s that next step closer to your educational goal that gets you closer to that career goal. No matter where you are in your educational journey, we are happy to be a part of it and love to see you all succeed.

***“A little progress each day adds up to big change.”***  
*~Satya Nani~*

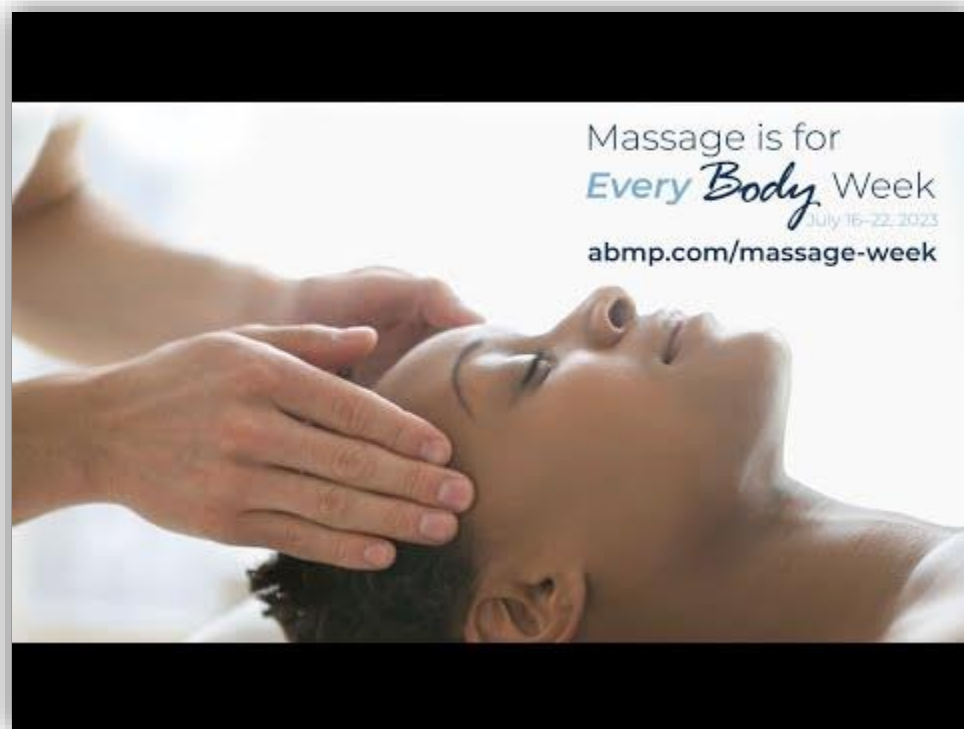
## MESSAGE IS FOR EVERYBODY WEEK

The week of July 16<sup>th</sup> – 22<sup>nd</sup> is Massage is for EveryBody Week. The Associated Bodywork & Massage Professionals (ABMP) organization has been promoting the importance of bodywork for over two decades. Just last year they added five guiding principles to underscore their commitment to inclusion:

1. Serve as advocates for the powerful physical and emotional benefits of massage and bodywork.
2. Support and advocate for efforts that bring massage and bodywork to underserved populations.
3. Spread awareness of career options in the massage and bodywork profession.
4. Honor the healing role practitioners play in our communities.
5. Emphasize the importance of self-care, including receiving regular bodywork, for massage therapists and bodyworkers, and their clients.

They even have a \$1,000 award available for massage therapists and bodyworks. Check out [this link](#) for details!

Massage has many benefits, including pain relief, improving sleep, and stress reduction. Our clinic has students and licensed practitioners, so make sure to check it out! Remember that you are eligible for a student discount on several of the services offered.



[ABMP Massage is for EveryBody Week](https://abmp.com/massage-week)

## NATIONAL WELLNESS MONTH

August is National Wellness Month. It's a perfect time to create healthy habits in your lifestyle. School is a challenging time for anyone and making time to manage your health and wellness sometimes gets put to the side during stressful times. However, those stressful times are when we most need to be as healthy as possible so we can get through the stress without putting our bodies through duress.

Oftentimes we think wellness means visits to the spa, going to the doctor, or some other expensive thing. Fortunately, there are changes you can make in your life that won't cost you an arm and a leg:

- Increase your water intake.
- Add more fruits and veggies to your meals.
- Monitor your sleep habits and make adjustments for better sleep habits.
- Walk or move around more.
- Learn to meditate.

I'm going to focus on movement here though all of the above points have health benefits. Movement is something that is so important, however, we have become a stagnant society. So many office jobs, being a student means sitting for hours even if your career field is one where you'll be on your feet, sitting while watching tv or playing on your phone, etc. We, in the United States, now sit for 13-15 hours per day! Oof. That's a *lot* of time, and studies are now showing how that impacts our health. If you're sitting for more than 8 hours a day with no physical activity your risk of dying is similar to those from obesity and smoking. If you are

active with moderately intense physical activity for 60 – 75 minutes per day, that counters the effects of too much sitting. You can start by simply standing more whenever you have the chance, like when you're talking on the phone or watching tv, stand while studying or working at your desk, park your car further away so you can walk further, etc. In addition to improving your health, standing and moving around more could possibly lead to weight loss and increased energy, and has been shown to help with your mental wellbeing.

[Mayo Clinic - Importance of Movement](#)  
[Mayo Clinic - Sitting Risks.](#)

## MESSAGE FROM THE DEAN

### Self-Care Tips

Self-care is an important aspect of wellness. The Global Wellness Institute defines wellness as the active pursuit of activities, choices and lifestyles that lead to a state of holistic health.

(<https://globalwellnessinstitute.org/what-is-wellness/>)

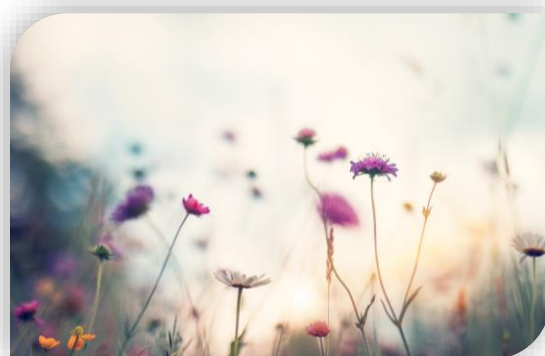
We are halfway through the summer already! It's important to take time to enjoy the sunshine, flowers, and nice weather. Everyone is so busy with school, homework, studying, jobs, family time – it can sometimes feel overwhelming even when the beautiful outdoors is not beckoning us!

We are at our most effective when we can take time, even a few minutes here and there, to reward ourselves with the gift of nature: stepping outside and breathing in deeply; noticing the expansive sky above; breezes; trees; flowers. Whatever may be there in that moment for you. Even in the heart of the city, the sky above is there to rest our eyes and breathe in peace. Create a plan for the small things you can do for yourself and/or with family and friends. Maybe it's a 15-minute walk in a park or around the neighborhood. The little things in life add up.

Remember to sleep, move, and also to eat healthy foods like fruit, nuts, and vegetables – these really are rejuvenating to the brain and body! Water is critical for our bodies to stay hydrated; too often when busy we rely on caffeinated drinks which contribute to dehydration. Poor concentration is one of the signs and symptoms of dehydration, which is not optimal for anyone, especially students.

There are multiple dimensions to wellness, and all of them involve self-care in some way. As you prepare for your future in the fields of healthcare and wellness, remember to take care of you along the way.

Staying focused on school and prioritizing your long-term goals is important. We can do this more effectively when we remember to do the small things for ourselves, as well. You deserve to take care of yourself. You will then have more to give others and your studies by giving to you first.



## DEAN'S LIST SP23

*Congratulations to everyone who achieved a 3.7 or higher for Spring Quarter!*

Aimee	Adams
Zahra	Ali
Dana	Applebaum
Gifty	Atubga
Dorrin	Baffoe
Alicia	Brime
Anastasia	Congdon
Philomina	Dankwah
Jessica	Deavers
Emmaline	DeMartini
Brittany	Eddleblute
Christiana	Emessong
Kendra	Engelhaupt
Noela	Foh
Mildred	Fomengia
Xiumei	Geng
Catrina	Greene
Sarah	Griswold
Lisha	Guminey
Katrena	Haney
Kara	Hartings
Cassie	Hughes
Pauline	Kamau
Millicent	Kasili

Amasi	Logo
Rose	Malloy
Leslie	Meinert
Erin	Mitchell
Maryam	Moghaddas
Brittany	Molnar
Eric	Namaky
Mirabel	Njume
Martin	Nkong
Kisha	Oden
Roy	Oldfield
Lydia	Otie
Audience	Owokushaba
Jerrica	Patterson
Shakwanta	Richie
Allison	Sargent
Jennifer	Scaggs
Jessica	Scott
Jacqueline	Shimirimana
Armanda	Sinanaj
David	Sourie
Sara	Steinhausser
Admire	Tambi



## AIAM SUCCESS RESOURCES

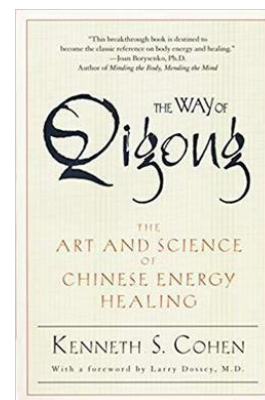
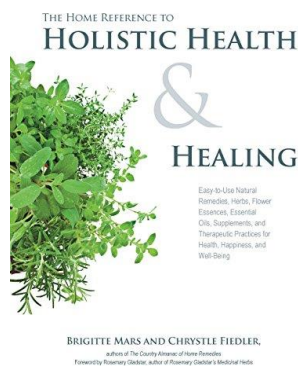
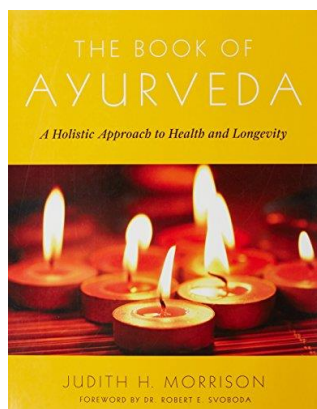
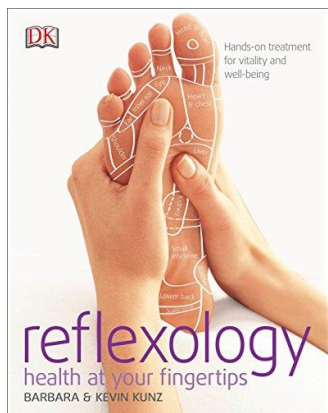
We want the same thing you want – for you to succeed here at aIAM, pass your boards, and get started on your new career. Take advantage of everything aIAM has to offer!

1. **Tutoring** – some classes are harder than others. Sometimes the way something is explained in class doesn't quite click and you need some additional assistance. Sometimes the homework readings just don't make sense. Whatever your struggle may be, tutoring is offered to help you get that extra assistance. The trick is *you have to ask for the help*. Our faculty is more than happy to work with you to help you understand, but they're not mind-readers so you have to reach out to let them know you require some additional assistance.
2. **Library resources** – aIAM has a library, but even if you're not on campus you can access the resources. See below for more [library information](#).
3. **Academic Dean Advising** – The Academic Dean is available to assist when life has thrown some curve balls your way and it's causing you to struggle with your classes. Schedule an appointment with her (Dr. Hiatt, [ehiatt@aiam.edu](mailto:ehiatt@aiam.edu)) so she can discuss your options with you.
4. **Additional help** – The Assistant Director of Education/Student Services offers test-taking strategies sessions twice a week (see [schedule](#)) and has open office hours where you can ask questions and get help. Contact Melissa Fischer at [mfischer@aiam.edu](mailto:mfischer@aiam.edu) for more information.
5. **AIAM Student YouTube Channel** – in every course on Populi, you should see a link for the [AIAM student YouTube channel](#). We post useful videos geared towards students. It is a work in progress, but if you have an idea for a video that you think would be beneficial for students, email the Campus Support Specialist, Angela Falasca at [afalasca@aiam.edu](mailto:afalasca@aiam.edu).
6. **Stress Busters Sessions** – College comes with its own stressors on top of what students may already have in their personal lives – jobs, families, time constraints. At aIAM, we know you have a lot on your plate and stress needs to be managed in order to be an effective and successful student. There is a [playlist](#) of videos on the aIAM Student YouTube channel where you can watch on your own time, or if you want to arrange a one-on-one, you can email the Campus Support Specialist, Angela Falasca at [afalasca@aiam.edu](mailto:afalasca@aiam.edu).

## LIBRARY



## Library Spotlight: Summer Reads



**Reflexology: Health at Your Fingertips/ Barbara & Kevin Kunz**

**The Book of Ayurveda: A Holistic Approach to Health and Longevity/ Judith H. Morrison**

**The Home Reference to Holistic Health & Healing/ Brigitte Mars & Chrystle Fiedler**

**The Way of Qigong: The Art and Science of Chinese Energy Healing/ Kenneth S. Cohen**

You can request a library book by clicking “Place a hold” under the book in Populi’s library tab, just search by keywords or by emailing [mfischer@aiam.edu](mailto:mfischer@aiam.edu) with your request. You will be notified when the book is available for pickup from the lobby area (same day service Tuesday through Friday). Databases, journals, nursing ebooks, and more are available at <https://aiam.populiweb.com/router/library/links/index>

Is there a book you would like to recommend for the AIAM Library? Email recommendations to Melissa Fischer at [mfischer@aiam.edu](mailto:mfischer@aiam.edu)

**Questions about library resources? Email Ms. Fischer at [mfischer@aiam.edu](mailto:mfischer@aiam.edu)**

## IMPORTANT DATES AND OTHER INFO

# AIAM IMPORTANT DATES AND OTHER INFO



Below is the schedule for summer quarter's test taking strategies! Just show up- no need to email or signup in advance. Be sure to be on time and with camera on. These sessions are only one hour, and the beginning part is vital to understanding the practice questions. See you there!

### **Eva Goubeaux's Test Taking Strategies:**

[Mondays at 11:00AM from Jul 17th through Sep 11th click here](#)

[Tuesdays at 11:00AM from July 18th through Aug 29th click here](#)

[Wednesdays at 1:00PM from Jul 19th through Aug 30th click here](#)

### **Anne Malone's Test Taking Strategies:**

[Tuesdays at 1 PM July 18 - August 29 click here](#)

[Thursdays at 3 PM July 27 - August 31 click here](#)

[Fridays at 4 PM July 28 - August 25 click here](#)

### **Melissa Fischer's Test Taking Strategies**

[Fridays at 9:00am on August 4, August 18, September 1, & September 8](#)

### **Dr. Gould's BIOL 100 Review Sessions:**

[BIOL 100 Mondays 10am-11am click here](#)

[BIOL 100 Thursdays 4pm-5pm click here](#) (No sessions 7/20 or 8/3)

[BIOL 100 July 18 & August 1 4pm-5pm click here](#)

### **Dr. Gould's BIOL 101 Review Sessions:**

[BIOL 101 Mondays 11am-12pm click here](#)

[BIOL 101 Fridays 4pm-5pm click here](#) (No sessions 7/21 or 8/4)

[BIOL 101 July 18 and August 1 4pm-5pm click here](#)

## AIAM IMPORTANT REMINDERS

- Masks are no longer required in administrative areas and classrooms; however, they are strongly recommended. Please be respectful of each other. If someone is masked, please ask if they would feel more comfortable with you being masked also.
- In the Clinic, it is up to the client and the clinician if they are masked. Mindbody indicated if a clinician (Massage, Acupuncture, and Reflexology) requires masks or not in their treatment room and all of their clients will be required to wear a mask. If one wants to be masked and wants the other to be masked, they will both be masked. It will be up to the masked person if they are both masked or not.
  - Check your AIAM email regularly for important communications from faculty and administration.
  - When coming on campus, DO NOT park in front of any space with a sign. You will be towed.
- Students are responsible for communicating directly with the manufacturer on all warranty-related issues for the laptop computer. If the laptop computer is purchased through AIAM, students are responsible to replace the item(s) at full cost if lost, stolen, or damaged beyond repair or outside of the warranty.

#AIAMSTRONG



## PN CONTENT SEMINARS

Date	Times	Content	Zoom Link
<b>July 18</b>	12:30 – 2:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 2</b>	2:30 – 4:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>July 25</b>	12:30 – 2:00 PM	Nutrition	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 3</b>	2:30 – 4:00 PM	Nutrition	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Aug, 1</b>	12:30 – 2:00 PM	Mental Health Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 4</b>	2:30 – 4:00 PM	Mental Health Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Aug. 8</b>	12:30 – 2:00 PM	Leadership Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 5</b>	2:30 – 4:00 PM	Leadership Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Aug. 15</b>	12:30 – 2:00 PM	Fundamentals of Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 6</b>	2:30 – 4:00 PM	Fundamentals of Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Aug. 22</b>	12:30 – 2:00 PM	Adult Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 7</b>	2:30 – 4:00 PM	Adult Nursing	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Aug. 29</b>	12:30 – 2:00 PM	Maternity and Newborn	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 8</b>	2:30 – 4:00 PM	Maternity and Newborn	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Sep. 5</b>	12:30 – 2:00 PM	Pediatrics	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 9</b>	2:30 – 4:00 PM	Pediatrics	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Sep. 12</b>	12:30 – 2:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>
<b>Week 10</b>	2:30 – 4:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09">https://us02web.zoom.us/j/81061019985?pwd=NFK1VzZwc0ZwL09Yd1VkV212VmX1QT09</a>

## RN CONTENT SEMINARS

Date	Times	Content	Zoom Link
<b>July 17</b>	12:30 – 2:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 2</b>	2:30 – 4:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>July 24</b>	12:30 – 2:00 PM	Fundamentals of Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 3</b>	2:30 – 4:00 PM	Fundamentals of Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>July 31</b>	12:30 – 2:00 PM	Nutrition	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 4</b>	2:30 – 4:00 PM	Nutrition	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Aug. 7</b>	12:30 – 2:00 PM	Adult Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 5</b>	2:30 – 4:00 PM	Adult Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Aug. 14</b>	12:30 – 2:00 PM	Maternity and Newborn	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 6</b>	2:30 – 4:00 PM	Maternity and Newborn	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Aug. 21</b>	12:30 – 2:00 PM	Pediatrics	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 7</b>	2:30 – 4:00 PM	Pediatrics	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Aug. 28</b>	12:30 – 2:00 PM	Mental Health Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 8</b>	2:30 – 4:00 PM	Mental Health Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Sep. 11</b>	12:30 – 2:00 PM	Leadership/Management Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 9</b>	2:30 – 4:00 PM	Leadership/Management Nursing	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Sep. 18</b>	12:30 – 2:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>
<b>Week 10</b>	2:30 – 4:00 PM	Pharmacology/Dosage Calculation	<a href="https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09">https://us02web.zoom.us/j/84791738987?pwd=OE95RVh6Ym9henBSVERsbERjUzNPZz09</a>