

AIAM investments of the Institutional Emergency Grant, Section 18004 CARES Act

The US Department of Education (USDE) allocated funds for AIAM to cover any costs associated with significant changes to the delivery of instruction to COVID 19. **The total amount of grant funds received by AIAM was \$409,311. AIAM has spent or allocated \$111,839.89 as of 6/17/20.**

The more an individual interacts with others, and the longer that interaction, the higher the risk of COVID 19 spread. When faculty and students engage in virtual-only learning options, activities and events, they are at the lowest risk of COVID-19 spread. Small in-person classes, activities, and events increases that risk. Every effort is being made to minimize the AIAM Family's risk; therefore, didactic (lecture) classes will be taught virtually as much as possible for the foreseeable future. AIAM's last regularly scheduled classes and clinics ended on Sunday March 15 when classes moved to virtual and clinics were suspended until June.

Some hybrid virtual and in-person class structures must be utilized to ensure that students are learning and building competencies and to fulfil clock hour requirements. Some examples of these are nursing skill check offs, hands-on classes, and Acupuncture Intern and WMT clinics. These require some face-to-face interactions to learn, build and/or assess competencies and fulfill clock hour requirements. Classes that require face-to-face meetings receive notice from their instructor and must follow safety guidelines when on campus. The first labs to return started the week of June 8 2020.

These are highlights of changes made or in process to help make AIAM School, Clinic and Labs safer for the delivery of instruction due to COVID-19.

AIAM School and Clinic clients and guests are:

- Asked **not to enter if symptomatic**.
- Guests are asked to **remain in their car until called or texted** to come into the lobby.
- They will be asked a **doorway symptom assessment to include assessing for symptoms (cough, shortness of breath or difficulty breathing, and two of the following: fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat and new loss of taste or smell)**.
- Their **temperature will be taken** with a touchless thermometer by their therapist or practitioner.
- Guests **may wear a mask**.
- They will be **asked to wash their hands thoroughly before their appointment**.
- **Only clients will be allowed in the lobby** unless they are accompanied by a caregiver.
- **Clients will be given the option**, as always, to decide if there are **areas to avoid during the treatment (for example face)**.
- All appointments will be **by appointment only**.
- Appointments for **at-risk populations** (seniors, etc.) are **available the first 2 hours each day**.
- Even though we can touch clients during massage or acupuncture treatments, there is no shaking hands or hugging allowed per mandate (TRUE! This tickles our funny bones).
- **Clients should bring their own water**.

AIAM School and Clinics upgrades and changes:

- **Clinic changes:** Each of the 14 clinic rooms have been set up for massage therapy, acupuncture, and Chinese herb treatments. New items include **wall-mounted hand sanitizer dispensers** installed just inside and outside of the each doorway, **vinyl table covers**, new spray bottles **with EPA N-class disinfectant**, open trash cans, no fabric covered chairs, and **exhaust fans must be turned on** during room usage.
- **Clinic appointments** will be staggered with extra time for disinfecting rooms between appointments, high touch surfaces will be disinfected regularly using CDC recommended sanitizers and disinfectant (EPA List N) protocols. A pillowcase will be draped over the face cradle for when the client is prone.
- **Acupuncture and Chinese herb tele-medicine consultations** are available as needed via HIPAA compliant Zoom.
- **E-documents will be used for clinic paperwork**.
- **MindBody will be used for appointment scheduling**.
- **Vinyl floors** are installed throughout.
- The **HVAC air handling** units received their regularly scheduled **deep clean** and maintenance. The amount of fresh vs. re-circulated air was adjusted so that **more fresh air** is pulled into circulation.
- **Return air vents** were added throughout the building as needed and the return air was fitted with upgraded high efficiency M013 **HEPA filters** for better air filtration.

Practitioners are required to stay home if symptomatic.

- They **must perform symptom assessments** (performed at least daily and on an ongoing basis) that should include assessing for symptoms (cough, shortness of breath or difficulty breathing, and two of the following: fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat and new loss of taste or smell) and taking their temperature with a thermometer and monitoring for fever.
- **Therapists will let the clinic team know if they are not well and stay home if symptomatic and every effort will be made to cover your appointment with another therapist.**
- An **apron** and optional arm covers will be worn and **changed between clients.**
- **Hands will be washed per CDC guidelines with soap and water up to the elbows before and after each client.**
- **Social distancing between everyone except the practitioner and their client.**

- AtmosAir **bi-polar ionization systems are on the air handlers.** Positive and negatively charged ions are generated and pushed throughout the building. These **ions bind to and deactivate air-bourne and surface-bourne viruses, bacteria, molds, and allergens.** There is research that shows these ions greatly increase indoor air quality, increase wellness, sleep patterns and well-being, and even help with seasonal affective disorders in the occupants. Cross your fingers that they also improve learning outcomes as well.

AIAM Clinic changes:

- **MindBody has been updated with new services (at-risk appointments are available during the first two hours each day we are open), new hours, and new prices.**
- **Licensed Massage Therapy and Reflexology will be re-starting first, probably the week of June 15, 2020.**
- **Acupuncture Interns will be re-starting also in June.**
- **Acupuncture and Chinese Herbal Faculty appointment will be re-started in July.**
- **Massage Therapy student clinic will re-start in July.**

<u>AIAM Investments due to COVID-19</u>	<u>Investments</u>
Face shields	\$1,338.35
aprons	\$235.18
Atomos Ionizer for HVAC	\$23,076.00
cameras for computers	\$472.80
cove base	\$1,948.00
cove base	\$217.24
cove base adhesive	\$328.32
cove base adhesive	\$327.92
cove base adhesive	\$135.71
gloves	\$80.50
laundry bins	\$370.58
microphones for computers	\$209.40
N013 filters for HVAC	\$628.19
N-list EPA disinfectants and cleaning supplies	\$1,114.29
paper sleeves	\$268.70
Right Signature for e-documents	\$774.00
Right Signature for e-documents	\$698.00
Right Signature for e-documents	\$404.00

touchless thermometers	\$424.56
touchless thermometers	\$350.00
vinyl flooring	\$30,000.00
vinyl flooring	\$17,689.56
vinyl flooring install	\$6,671.60
vinyl flooring install	\$5,487.93
vinyl mattress covers	\$229.78
Virtual simulations	\$10,728.50
Virtual simulations	\$3,653.28
Virtual simulations	\$1,182.50
Virtual simulations	\$860.00
ZOOM - HIPAA compliant zoom	\$1,935.00
Total spent through 6/17/2020	\$111,839.89